



SAMPLE



OPENING HOURS
12:00pm - 22:00pm



WWW.BARBAROSSAMEZEGRILL.CO.UK

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18 Sun St, Waltham Abbey EN9 1EE



BARBAROSSA

⚓ Grill & Meze Restaurant ⚓

Menu

Please note that all dishes and ingredients are subject to change since the kitchen is based on fresh and seasonal ingredients. The foods described within this menu may contain nuts or derivatives of nuts. If you suffer from allergies, or food intolerance, please advise a member of staff who will be pleased to assist you.



COLD APPETIZERS

OLIVES Marinated mixed olives.....	3.95
HUMUS (V)	4.95
A creamy blend of chickpeas, tahini, garlic, lemon juice and olive oil.	
CACIK	4.95
Finely grated cucumber dressed with yogurt, mint, garlic and olive oil.	
TARAMA	4.95
Pate of smoked cod roe, extra virgin olive oil and fresh lemon juice.	
KISIR (V)	4.95
Made with bulgur, olive oil, cucumber, lettuce, carrots and herbs	
STUFFED VINE LEAVES (V)	5.95
Rice, herbs, onion, parsley, served with yoghurt.	
BABA GHANOUSH (V)	5.95
Smoked aubergine mixed with tahini and garlic yoghurt.	

COLD APPETIZER PLATTER £14.95
Olives, Humus, Tarama, Cacik, Baba Ghanoush, Stuffed vine leaves

HOT APPETIZERS

DAILY SOUP (Lentil Shop).....	5.95
FALAFEL (V)	5.95
Deep fried chickpeas and fava beans balls spiced with paprika and fresh herbs.	
HALLOUMI (V)	5.95
Grilled Cypriot halloumi cheese.	
HALLOUMI FRIES (V)	6.95
Deep fried halloumi fries served with sweet chilli sauce.	
CHEESY PASTRY ROLLS (V)	6.95
Deep fried cheesy pastry rolls stuffed with feta cheese and spinach.	
CREAMY MUSHROOM (V)	6.95
Baby button mushroom sauteed in a creamy garlic and cheesy sauce.	
SUCUK	5.95
Grilled Turkish spicy beef sausage.	
HUMMUS KAVURMA	6.95
Pan fried deiced lamb served on a bed humus.	
CHICKEN LIVERS	6.95
Sauteed chicken livers in a spiced cumin and red wine gloze served with fresh red onions.	
SPICY CHICKEN WINGS	5.95
Marinated home made spicy sauce	
LAHMACUN	3.95
Very thin dough covered with seasoned minced lamb & onion	

HOT APPETIZER PLATTER £17.95
Halloumi, Sucuk, Falafel, Calamari, White bait, Cheesy Roll

FISH APPETIZERS

CRISPY CALAMARI	6.95
Fried crispy squid served with fresh lemon and tartar sauce.	
PAN FRIED PRAWNS	6.95
Sauteed peeled king prawns served in a rich tomato, garlic and white wine sauce.	
WHITEBAIT	6.95
Crispy fried whitebait served with fresh lemon and tartare sauce.	
AVOCADO PRAWN COCKTAIL	6.95
Fresh peeled prawns served with mixed leaf salad avocado and prawn cocktail.	

SEA FOODS

FILLET SEA BASS	18.95
Served Chips and Salad.	
SALMON FILLET	18.95
Served Chips and Salad.	
GRILLED TIGER PRAWN	18.95
Served Rice and Salad.	
MIXED GRILLED SEA FOOD	21.95
Marinated tiger prawns, monkfish, salmon and grilled vegetables. Served with rice and salad.	

HOUSE SPECIALS

LAMB CASSEROLE	16.95
Succulent pieces of lamb, mushrooms, peppers and onion in a tomato sauce. Served with rice and salad.	
CHICKEN CASSEROLE	16.95
Succulent pieces of chicken, mushrooms, peppers and onion in a tomato sauce. Served with rice and salad.	
KLEFTIKO	17.95
Slow roasted lamb shank cooked in a rich tomato sauce with carrots, onions and celery, served on a bed of mashed potato	
CHICKEN ASPARAGUS	16.95
Turkish style marinated chicken steak ,grilled on charcoal served with asparagus, sweet chilli sauce, chips and salad	

VEGETARIAN DISHES

VEGETARIAN KEBAB (V)	13.95
Grilled vegetables in a special tomato sauce, served with rice and salad	
FALAFEL (V)	13.95
Deep fried chickpeas and fava bean balls spiced with cumin paprika and fresh herbs served with humus and salad.	
VEGETARIAN MOUSSAKA (V)	14.95
Layers of aubergine, courgette, carrot, potato, peppers, tomato, herbs, mozzarella, cheddar cheese. Served with rice.	
VEGETARIAN SARMA BEYTI (V)	13.95
Char-grilled onion, aubergine, courgette, mushroom peppers wrapped in tortilla bread laid on bed of yoghurt drizzled with tomato sauce with melted butter	

GRILL FOODS

(All Served with rice and salad)

CHICKEN WINGS	13.95
Char-grilled BBQ chicken wings	
LAMB SHISH	16.95
Skewered chinks of marinated lamb fillet.	
CHICKEN SHISH	15.95
Skewered chinks of marinated chicken breast.	
ADANA KOFTE	14.95
Minced lamb mixed with herbs, onions and peppers.	
CHICKEN BEYTI	14.95
Minced chicken seasoned with garlic and grilled over charcoal.	
LAMB BEYTI	14.95
Minced lamb seasoned with garlic and grilled over charcoal.	
LAMB CHOPS	20.95
Grilled lamb cutles.	
LAMB RIBS	16.95
Grilled lamb ribs.	
MIXED KEBAB	20.95
Chicken shish, lamb shish and Adana kofte combination.	
BARBAROSSA COMBINATION	16.95
Your choice of two: chicken shish, lamb shish, adana kofte.	

BARBAROSSA PLATER - 1
FOR 2-3 PEOPLE
CHICKEN SHISH, LAMB SHISH, CHICKEN WINGS, ADANA, CHICKEN BEYTI, LAMB RIBS 4PCS, LAMB CHOPS 2PCS, HUMUS, CACIK
Served with rice, bulgur and salad **59.95**

BARBAROSSA PLATER - 2
FOR 4-5 PEOPLE
CHICKEN SHISH, LAMB SHISH CHICKEN WINGS, ADANA, CHICKEN BEYTI, LAMB RIBS 7PCS, LAMB CHOPS 4PCS, HUMUS, CACIK, BABA GHANOUSH
Served with rice, bulgur and salad **79.95**

SIDES

CHIPS	3.50	GRILLED ASPARAGUS	5.00
BABY POTATO	5.00	YOGHURT	3.00
RICE	4.50	VEGGIE STICKS	3.50
BULGUR	4.50	Cucumber, Carrot	

KIDS MENU

ONLY FOR 3-13 YEARS OLD

(Served with Chips)

CHICKEN SHISH	7.50	CHICKEN WINGS	7.50
LAMB SHISH	8.50	CHICKEN NUGGETS	7.00
ADANA KOFTE	7.50	CHICKEN BURGER	7.50

YOGHURTLU DISHES

(All Served with rice and salad)

ADANA KOFTE WITH YOGHURT	15.95
Lean tender minced lamb skewered and grilled over hot charcoal, chopped and served on crispy bread, topped with yoghurt, tomato sauce and hot butter.	
LAMB SHISH WITH YOGHURT	16.95
Skewered chunks of marinated lamb fillet chopped served on crispy bread, topped with yoghurt, tomato sauce and hot butter.	
CHICKEN SHISH WITH YOGHURT	16.95
Skewered chunks of marinated chicken breast chopped served on crispy bread, topped with yoghurt, tomato sauce and hot butter.	
MIXED SHISH WITH YOGHURT	16.95
Grilled marinated chicken and lamb, chopped and laid on a bed diced crispy bread, topped with yoghurt, tomato sauce and hot butter.	
CHICKEN SARMA BEYTI	16.95
Char-grilled minced chicken breast mixed with peppers garlic and spices, wrapped in tortilla bread laid on bed of yoghurt, drizzled with tomato sauce and melted butter.	
LAMB SARMA BEYTI	16.95
Char-grilled minced lamb mixed with peppers garlic and spices, wrapped in tortilla bread laid on bed of yoghurt, drizzled with tomato sauce and melted butter.	
ALI NAZIK - LAMB	16.95
Smoked and pureed aubergines mixed with garlic yoghurt sauce, topped with cubes of grilled lamb and drizzled with melted butter.	
ALI NAZIK - CHICKEN	16.95
Smoked and pureed aubergines mixed with garlic yoghurt sauce, topped with cubes of grilled chicken and drizzled with melted butter.	
ALI NAZIK - ADANA	16.95
Smoked and pureed aubergines mixed with garlic yoghurt sauce, topped with slice of long minced lamb and drizzled with melted butter.	

SALADS

COBAN SALAD (V)	5.95
Diced tomatoes, cucumbers, parsley and onions seasoned with sumac, drizzled with olive oil pomegranate molasses.	
GREEK SALAD (V)	6.95
Chopped tomatoes, onions, cucumber, mixed with feta cheese and olives, dressed with pomegranate sauce and olive oil.	
EZME SALAD (V)	5.95
Finely chopped tomato, red onion, peppers and parsley in a chilli and pomegranate molasses dressing.	
FETA AVOCADO SALAD (V)	6.95
Diced tomatoes, cucumbers, parsley, onions, feta cheese and avocado seasoned with sumac, drizzled with olive oil pomegranate molasses.	