



SAMPLE

BARBAROSSA

⊗ *Grill & Meze Restaurant* ⊗



LUNCH MENU

MONDAY TO FRIDAY

12:00pm - 4:00pm

Please note that all dishes and ingredients are subject to change since the kitchen is based on fresh and seasonal ingredients. The foods described within this menu may contain nuts or derivatives of nuts. If you suffer from allergies or food intolerance, please advise a member of staff who will be pleased to assist you.

WWW.BARBAROSSAMEZEGRILL.CO.UK

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18 Sun St, Waltham Abbey EN9 1EE



LUNCH MENU

Make the most out of your lunch break with our delicious starters

MONDAY TO FRIDAY :12:00pm- 4:00pm

1 COURSE: £8.95
(MAIN)

2 COURSE: £11.95
(MAIN / MEZE)

3 COURSE: £13.95
(MAIN / MEZE / DESSERT)

COLD APPETIZER

MEDITERRANEAN OLIVES(V)

Marinated mixed olives.

HUMUS(V)

A creamy blend of chickpeas, tahini, garlic, lemon juice and olive oil.

CACIK

Finely grated cucumber dressed with yogurt, mint, garlic and olive oil.

STUFFED VINE LEAVES(V)

Rice, herbs, onion, parsley, served with yoghurt.

BABA GANOUSH(V)

Smoked aubergine mixed with tahini and garlic yoghurt.

TARAMA

Pate of smoked cod roe, extra virgin olive oil and fresh lemon juice.

EZME SALAD (V)

Freshly chopped tomato, onions, parsley mixed herbs, olive oil and fresh lemon juice

KISIR(V)

Made with bulgur, olive oil, cucumber, lettuce, carrots, and herbs

HOT APPETIZER

HALLOUMI (V)

Grilled Cypriot halloumi cheese.

SUCUK

Grilled Turkish spicy beef sausage.

FALAFEL (V)

Deep fried chickpeas and fava beans balls spiced with paprika and fresh herbs.

CRISPY CALAMARI

Fried crispy squid served with fresh lemon and tartar sauce.

WHITEBAIT

Crispy fried whitebait served with fresh lemon and tartare sauce.

CHEESY PASTRY ROLLS (V)

Deep fried cheesy pastry rolls stuffed with feta cheese and spinach.

PAN FRIED PRAWNS

Sauteed peeled king prawns served in a rich tomato, garlic and white wine sauce.

GRILL FOOD

ADANA KOFTE

Minced lamb mixed with herbs onions and peppers.

CHICKEN SHISH

Skewered chinks of marinated chicken breast.

LAMB SHISH

Skewered chinks of marinated lamb fillet.

LAMB BEYTI

Minced lamb seasoned with garlic and grilled over charcoal.

CHICKEN BEYTI

Minced chicken seasoned with garlic and grilled over charcoal.

CHICKEN WINGS

Char-grilled BBQ chicken wings

VEGETARIAN DISHES

FALAFEL (V)

Deep fried chickpeas and fava beans balls spiced with cumin paprika and fresh herbs.

VEGETARIAN MOUSSAKA (V)

Layers of aubergine, courgette, carrot, potato, peppers, tomato, herbs, mozzarella, cheddar cheese. Served with rice.

SEAFOOD DISHES

SALMON FILLET

Served with rice and salad.

SEA BASS FILLET

Served with rice and salad

DESSERT

TURKISH BAKLAVA

BELGIUM CHOCOLATE CAKE

RED VELVET CAKE

CARRIOT CAKE

ICE CREAM 2 Scoop

A discretionary 10% service charge will be added to the final bill